

Menu Week 1 Menu Spring Term 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast All meals are served with milk or water	Toasted bread with a choice of spreads, selection of cereals with milk, fresh fruit.				
Snack	Cheese/fruit/breadstick	Rice Cake/ Fruit	Toast/fruit	Cracker/ Fruit	Oat Cakes/Fruit
Lunch	Cheese and Tomato Pizza, Carrots and Peas Crispy Crackle Bar	Macaroni Cheese Served with sweetcorn and green beans Broccoli and sweetcorn Hot Chocolate Sponge with Chocolate Custard	Roast Chicken or Vegetable Pastry Roll Served with Yorkshire Pudding, Roast Potato and Gravy, Carrot and Cabbage	Beef Bolognese Served with wholemeal pasta, broccoli and sweetcorn Apple Crumble and Custard	Fish Finger or Quorn Dippers Served with Chips, Peas and Beans Ice Cream, Milkshake and Shortbread Biscuit
Tea	Beans on Toast Fruit	Fishfinger Bap Fruit	Cheesy Pasta Fruit	Toasted Crumpets/Jam Fruit	Garlic Bread Fingers Fruit

Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast All meals are served with milk or water	Toasted bread with a choice of spreads, selection of cereals with milk, fresh fruit.				
Snack	Toast/Fruit	Oatcakes/Fruit	Cheese/Fruit Breadstick	Cracker/Fruit	Rice Cake/Fruit
Lunch	Cheese and Tomato Pizza, Carrots and Peas Jam Sponge	Pork Sausage or Vegetarian Sausage served with Mashed Potato and Gravy, Peas and Broccoli Chocolate and Banana Marble Cake with Fruit Slices	Roast Chicken or Vegetable Pastry Roll Served with Yorkshire Pudding, Roast Potato and Gravy, Carrot and Cabbage Ice Cream	Beef Lasagne Served with Garlic Wedges, Sweetcorn and Green Beans Apple and Berry Crumble served with custard	Fish Finger or Quorn Dippers Served with Chips, Peas and Beans Chocolate Shortbread
Tea	Tomato Pasta Fruit	Pizza Slice Fruit	Beans on Toast Fruit	Toasted Teacake Yogurt	Cheese/ tuna Sandwich/ Fruit

Grace Cook Nursery Menu

Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast All meals are served with milk or water	Toasted bread with a choice of spreads, selection of cereals with milk, fresh fruit.				
Snack	Bread and butter with cheese	Cracker and fruit	Fruit / bread yogurt	Oatcakes and Fruit	Rice cakes and Fruit
Lunch	Cheese and Tomato Pizza, served with potato wedges, peas and carrots Ice Cream	Macaroni Cheese Served with sweetcorn and green beans Broccoli and sweetcorn Fruit Flapjack	Roast Chicken or Vegetable Pastry Roll Served with Yorkshire Pudding, Roast Potato and Gravy, Carrot and Cabbage Fruit Jelly and Custard	Cottage Pie Served with sweetcorn, Green beans Chocolate Slice with Fruit Slices	Southern Fried Chicken or Quorn Dippers Served with Chips, Peas and Beans Chocolate Milkshake served with Chocolate Biscuit
Tea	Soup and bread Fruit	Garlic Bread Fruit	Cheesy Pasta Fruit	Fishfinger Bap Fruit	Toasted Teacakes Yogu

If you have any concerns about the ingredients in our food please speak to a member of staff.

For information on Vegan options, please speak to a member of staff.

Vegetarian Option is highlighted in green.

The following food options are also available daily and can be ordered as an alternative to the main menu;

Jacket potato with choice of fillings, a sandwich with a choice of ham, cheese or tuna.

The following food items are available every day in addition to the menu salad, bread, yoghurt and fresh fruit.